

# How to Overcome the Power of Sin

1. Learn why past efforts have failed
  - The futility of fleshly efforts (soul) – Romans 8:13
  - The defeat of doublemindedness (wanting to defeat it but wanting to keep it) – James 1:6-8
  - The ignorance of how to live “In Christ” – Romans 8:1
  - The foolishness of fleshly provisions – Romans 13:14
  - The shortsightedness of secrecy – Proverbs 28:13
2. Learn what it means to be “In Christ”
  - Levi paid tithes in Abraham – Hebrews 7:9-10
  - We sinned in Adam (e.g. right hand steals, left also goes to jail) – Romans 5:12
  - We are in Christ at our new birth – Romans 6
  - What Christ did – we did as part of Him
3. Learn how to turn our position “In Christ” into a daily experience
  - Achieved by the “hearing of faith” – Galatians 3:2,5
  - Ask for wisdom and revelation – Ephesians 1:17-20
  - Faith is trusting God’s Word rather than human reasoning – Hebrews 11:1
  - God promised Abraham a son – Romans 4:17-24
  - God declares Christians are dead to sin – Romans 6:2
  - If a lie is told often it is faintly believed, how much more truth though it seems “impossible”
  - Our victory is already won in Christ – Romans 6:1-7; 8:1-15
  - We turn the truth into reality by “reckoning” it is and by yielding to God’s Spirit
4. Seven steps to “reckon” ourselves dead to sin
  - a) Engraft Romans 6 and 8:1-15 into your soul – James 1:21
  - b) Meditate day and night (4 steps of meditation – put it in first person, name the specific sin, ...) – Romans 12:2
  - c) Compare the law of sin to the law of gravity – Romans 7:21-24; 8:1-2
  - d) Make no provision for fleshly lusts – Romans 13:14
  - e) Picture yourself dead to the power and appeal of sin – Romans 6:6; Galatians 2:20; Colossians 3:3
  - f) Be accountable to God-given authorities – Hebrews 3:13
    - Use the power of shame to conquer temptation – I Peter 4:1
  - g) Recognize and obey the scriptural promptings of God’s Spirit – Romans 12:21; 6:19
5. Learn how to yield to God – Romans 6:19

<b>Realize How We Yield to Sin</b>	<b>Yield to God in the Same Way</b>
Fleshly Impulse	Spiritual Prompting
Visualization	Visualization
Decision	Decision
Yielding of Self	Yielding of Self (Romans 12:1)
Yielding of Bodily Members	Yielding Members Daily (Romans 6:13)

6. Expect God to confirm our need from Him
  - Our delight in temporal things – Philippians 3:7-11
  - Our confidence in human effort – Romans 7:22-24